

## **Star Planter Supplies and Star-Themed Quotations for Grief and Loss**

### Supplies

- Terracotta or graphite colored plant pots in a variety of sizes
- Golden Heavy Body Acrylic Paints (for the sky and larger stars)
  - Colbalt Blue (light blue)
  - Phthalo Blue (dark blue)
  - Titanium White
  - Carbon Black
- Craftsmart paint (for the “toothbrush” stars)
  - Bright Gold Multi Surface Premium Metallic Acrylic
  - White Satin Acrylic
- Paint brushes
  - Size will depend on the size of your pots
  - Thick brushes for applying the sky and thin brushes for the stars
- Toothbrush
- White Sharpie oil-based paint pens
  - Fine point
  - Medium point (this larger size isn’t necessary unless you want to be able to cover more area)
- Soil
- Plants of your choosing
  - Low maintenance plants
    - Pathos
    - Snake Plant
    - Cacti

### Star Themed Quotations for Grief and Loss

“Yours is the light by which my spirit’s born; you are my sun, my moon, and all my stars.”

-e. e. cummings

“Though my soul may set in darkness, it will rise in perfect light;

I have loved the stars too fondly to be fearful of the night.”

-Sarah Williams, Twilight Hours: A Legacy of Verse

“You...You alone will have stars as no one else has them...In one of the stars I shall be living. In one of them I shall be laughing. And so it will be as if all the stars will be laughing when you look at the sky at night...You, only you, will have stars that can laugh! And when your sorrow is comforted (time soothes all sorrows) you will be content that you have known me...You will always be my friend. You will want to laugh with me. And you will sometimes open your

window, so, for that pleasure...It will be as if, in place of the stars, I had given you a great number of little bells that knew how to laugh.” -Antoine de Saint-Exupéry, The Little Prince

“When he shall die,  
Take him and cut him out in little stars,  
And he will make the face of heaven so fine  
That all the world will be in love with night”  
-William Shakespeare, Romeo and Juliet

“But in a solitary life, there are rare moments when another soul dips near yours, as stars once a year brush the earth. Such a constellation was he to me.”  
-Madeline Miller, Circe

Twinkle, twinkle little star, do you know how loved you are?